

# McGregor COVID-19 Update

*March 12th, 2020 12:00 PM*

## **Safety is Our Top Concern and Priority**

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We are closely monitoring the updates from the Ohio Department of Health (ODH) and Centers for Disease Control & Prevention (CDC). Our proactive response will align with their recommendations. McGregor's primary focus is the health and well-being of its residents and associates.

Governor Mike DeWine declared a state of emergency for Ohio after three individuals tested positive for COVID-19 in Cuyahoga County. Yesterday and today, additional recommendations have been made for our community that has warranted the McGregor's leadership team to enact additional precautions for our residents and associates. Our leadership team will be continually monitoring the situation and taking proactive measures to prevent the risk of exposure.

Today we began to implement these precautions and ready ourselves as recommended by the Ohio Department of Health (ODH) and the Centers for Disease Control (CDC). We are putting initial plans in place to carry us through the end of March. These measures and additional modifications to our approach may extend beyond that period should it be warranted. We are actively implementing the following measures:

- Community entrances will be limited.
- All persons, including residents and associates, arriving on our campuses will be screened for the following:
  - Temperature at or over 100.5°F
  - Signs of illness including fever, vomiting, diarrhea, chills, cough, shortness of breath.
  - Anyone who in the last 14 days has traveled on a cruise, out of the country, or in areas experiencing community-spread of COVID-19. As CDC recommendations change frequently, we will continue to update our travel screening appropriately.
  - Anyone who has had contact with an individual with COVID-19.

- To protect our most vulnerable residents in our rehabilitation, skilled-nursing, and assisted living neighborhoods we will not be allowing visitors beginning Thursday, March 12<sup>th</sup>, 2020 until further notice.
- Residents in the nursing center and assisted living neighborhoods are being asked to refrain from leaving their neighborhoods.
- Independent living residents are strongly encouraged to ask their visitors to refrain from visiting the campus.
- Visiting pets and animals, excluding necessary service animals, will not be permitted on campus.
- Non-essential contractors and construction projects in resident common spaces and occupied private residences are suspended.
- All other contractors will be subject to screening and community access restrictions when working in our communities.
- All non-McGregor events, programs, and volunteers on our campuses will be cancelled.
- Public events hosted at any McGregor location will be cancelled.
- Small group resident programming will continue as scheduled with additional disinfection and precautions.
- Group transportation will be limited.
- Guest stays on our campuses will be cancelled.
- Each community's dining services will be making adjustments as necessary.
- We are maintaining aggressive efforts for disinfection of high touch community surfaces and spaces.
- Providing additional resident and associate education opportunities at each campus.

We are working closely with the Centers for Disease Control (CDC), Ohio Department of Health (ODH), Cuyahoga County Health Department, and our local hospital systems to ensure we have the most current information and the necessary resources.

### **What should I know about COVID-19?**

- Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person like the flu. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

- Symptoms include mild to severe respiratory symptoms such as fever, cough, and shortness of breath.
- The virus spreads person-to-person like the flu.

### **What can I do to protect myself and my loved ones?**

- Review the [CDC Household Checklist](#) to confirm you have necessary preparations in place.
- Avoid close contact with people who are experiencing symptoms.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Clean and disinfect surfaces in your home that are touched frequently with disinfectant.
- Avoid traveling to places with widespread or sustained community transmission of COVID-19. A good place for reliable travel information can be found on the [CDC Travel Page](#).
- More information about this virus can be found on the [CDC Website](#).