



Complete support for mental health and behavioral needs

McGregor Home is excited to announce that we've partnered with ViaQuest Psychiatric & Behavioral Solutions to provide Psychiatric Medication Management & Therapeutic Behavioral Support (TBS) services to residents with a need. ViaQuest specializes in supporting residents who are experiencing mental health symptoms and behavioral issues.

ViaQuest can determine if the psychiatric medication your loved one is taking is the most appropriate through Pharmacogenetics testing. By a simple, noninvasive swab of the mouth, they can assess an individual's metabolism and ability to process medications to determine which medications work best based on their genetic makeup. This allows them to eliminate unnecessary medications, so we're only prescribing the least, most effective medications for each resident.

ViaQuest's TBS Program provides support to residents who may be experiencing mental health symptoms. We provide individualized care and attention to each resident based on their specific needs. Due to COVID-19, we've seen increased mental health symptoms with residents in nursing facilities across the state. Our team of TBS Specialists can spend time engaging with each resident, teach and practice symptom management & coping skills, stress management, crisis intervention, and prevention. They can also provide training to the McGregor Home staff to better understand how to best work with each resident to improve their quality of life.

ViaQuest will complete an initial assessment and individualized treatment plan for each resident in the nursing facility. All TBS services are billed through the resident's Medicaid/insurance plan, so there's never any out-of-pocket cost.

Symptoms that ViaQuest can assist residents with are:

- > Dementia with behaviors
- > Anxiety
- > Mood Swings
- > Irritability
- > Sadness or Depressed Mood
- > Anger
- > Hyperactivity
- > Grief
- > Defiant
- > Hallucinations
- > Delusions
- > Thought Disorder
- > Psychotic Behavior
- > Anxiety/Nervousness
- > Obsessive/Compulsive
- > Phobias/Fears
- > Sleep Disturbance
- > Attention Deficit
- > Eating Problems
- > Antisocial
- > Over Sexualized Behavior
- > Somatic complaints with no known medical cause

For questions or additional information please contact:

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