

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Assisted Living Activities Calendar

<p>INDEPENDENT LEISURE Comedy Central Ch 45</p> <p>Neighbor Visits INHALE/EXHALE</p> <p>4</p>	<p>9:45 Morning Hello's 3rd fl. 10:30 Exercise 3rd fl. 11:00 Labor Day Social (Dining Room)</p> <p>5</p> <p>Labor Day</p>	<p>9:45 Morning Quote 10:30 Bingo d/r 1:30 Mobile Library 2:30 Pretty Nails w/ Music 3rd fl.</p> <p>6</p>	<p>9:45 Beyonce Music 3rd fl. 10:30 Mind Joggers 3rd fl. 1:30-2:00 Just what you need store (30 Mins) 2:30 Sam Fosh d/r</p> <p>7</p>	<p>9:45 Walking Club Patio 10:30 Pretty Nails 3rd fl. 1:30 Friendly Visits 2:00 Exercise 3rd fl. 3:00 Computer class</p> <p>8</p>	<p>9:45 Motivational Quotes d/r 10:30 Bingo d/r 1:30-2:30 Just what you need store 2nd fl. 2:40 Punch & cookies w/ Music</p> <p>2</p>	<p>INDEPENDENT LEISURE</p> <p>STAY POSITIVE</p> <p>TNT Ch 40</p> <p>3</p>
<p>JOYFUL MOMENTS ASSISTED LIVING WEEK September 11th-17th</p> <p>INDEPENDENT LEISURE TLC Ch 26 Afternoon Walks</p> <p>Grandparents Day</p> <p>11</p>	<p>9:45 Jazz Music d/r 10:30 Exercise d/r 10:45 Mass (3rd fl.) 1:30-2:30 Just what you need store 2nd fl. 2:40 Assisted Living Week Root Beer Floats 4 residents and staff (3rd fl.)</p> <p>12</p>	<p>Joyful Moments</p> <p>9:45 Positive Quotes 10:30 Bingo d/r 1:30 Spiritual Music 3rd fl. 2:00 Bible Study 3rd fl. 3:15 Gaines Family Choir d/r</p> <p>13</p>	<p>9:45 The Beatles 3rd fl. 10:30 Art Class 3rd fl. 1:30-2:30 Just what you need store 2nd fl. 2:00 Yoga Class (3rd fl) 3:00 Assisted Living Week Happy Hour with residents and staff (3rd fl)</p> <p>14</p>	<p>1:30 Assisted Living Week Italian Ice for residents and staff (3rd fl) 2:30 Resident Meeting 3rd fl. 3:30 Mind Joggers(3rd) 7:00 Outing Still Under Construction Gospel Group (Main campus)</p> <p>15</p>	<p>9:45 Morning Quote d/r 10:30 Bingo d/r Independent Activities 2:00 Scenic Trip Downtown Sign up w/ Sandra</p> <p>16</p>	<p>INDEPENDENT LEISURE</p> <p>GROW GRATITUDE Fox Sport Ch 50</p> <p>Oktoberfest Begins</p> <p>17</p>
<p>INDEPENDENT LEISURE</p> <p>USA Ch 42</p> <p>Board Games</p> <p>18</p>	<p>9:45 Reggae Music 3rd fl. 10:30 Morning Stretch 3rd fl. 1:30-2:30 Just what you need store 2nd fl. 2:40 Mind Joggers 3rd</p> <p>19</p>	<p>9:45 Morning Hello's Neighbors d/r 10:30 Bingo d/r 1:30-2:30 Gospel Music 3rd fl. 2:30 Bible Study w/ Carolyn 3rd fl.</p> <p>20</p>	<p>9:45 Day of Peace 10:30 Let's write our own Poetry Appreciation (3rd fl.) 1:30-2:30 Just what you need store 2nd fl. 2:40 Cards & Checkers 3rd fl.</p> <p>21</p>	<p>9:45 Slow Jams 3rd fl. 10:45 Nature Walks w/ Hawken School 11:30 Sing Alongs w/ Hawken School (DR) 2:00 Autumn Arts & Crafts 3rd fl. 3:00 Computer Class 3rd fl.</p> <p>Autumn Begins</p> <p>22</p>	<p>9:45 News & Views d/r 10:30 Bingo d/r 1:30-2:30 Just what you need store 2nd fl. 2:45 Birthday Bash w/ Victor Breeler d/r</p> <p>23</p>	<p>INDEPENDENT LEISURE</p> <p>HAVE PATIENCE</p> <p>Animal Planet Ch 22</p> <p>24</p>
<p>INDEPENDENT LEISURE</p> <p>Religious TV Ch 39</p> <p>Be Thankful Rosh Hashanah Begins</p> <p>25</p>	<p>9:45 R & B Music 3rd fl. 10:30 Sit & Be Fit 3rd fl. 1:30 -2:30 Just what you need store 2nd fl. 2:40 Remember When 3rd fl. 3:30 Puzzle Quiz 3rd fl.</p> <p>26</p>	<p>9:45 Greetings & Hello's 10:30 Bingo d/r 1:30 Friendly Room Visits 2:00 Bible Study 3rd fl. 3:15 Gaines Family Choir d/r</p> <p>27</p>	<p>9:45 Jazz Music 3rd fl. 10:30 Art Class 3rd fl. 1:30-2:00 Just what you need store (30 Mins) 2:00 Yoga Class 3rd fl. 3:00 Movies & Stars Discussion (3rd fl.)</p> <p>28</p>	<p>9:45 News & Views 3rd fl. 10:30 Morning Stretch 3rd fl. 11:00 Hydration Time(3rd fl) 2:30 Octoberfest Party (Dining Room)</p> <p>29</p>	<p>9:45 Music d/r 10:30 Bingo d/r 1:30-2:30 Just what you Need store 2nd fl. 2:40 Friendly room visits & Calendar Distribution day</p> <p>30</p>	<p>Happy Birthday: Jessie DeGray 9/19 Harold Gaines 9/28 Edward Gentry 9/16 Helen Miller 9/12 Lorraine Mooty 9/13 Vidya Sendra 9/6</p>

Happy Birthday: Virginia Reed 9/29 Kathryn Himmelsteib 9/24 Daniel Strosnider 9/17 * Activities are subject to change with notice * Activity Coordinator Sandra Brown