

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

September 2022

Independent Living Activity Calendar

				Gift Shop: 10:30-1:00p 1 2:00p Chair Yoga (Fitness room 1 st fl) 3:00p Let's Be a Detective (MP)	2 11:30a Art Class (Multipurpose rm 1 st fl) 2:00 IL Shopping Trip Marcs/ Dollar Tree	Independent Activities: 3 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room
Independent Activities: 4 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room	5 2:30p Afternoon Matinee (CH43) <small>Labor Day</small>	6 2:30p Independent Leisure Day!!!	Gift Shop: 10:30-1:00p 7 11:30 Walking Club (Fitness Room) 2:00p God's Food for Thought (Multipurpose Rm 1 st fl)	Gift Shop: 10:30-1:00p 8 12:00 Red Lobster lunch outing (IL) 1:00p Computer Class (MP)	9 11:30a Art Class (Multipurpose rm 1 st fl) 2:30p Grandparent's Day Social (MP)	Independent Activities: 10 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room
Independent Activities: 11 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room	Gift Shop: 10:30-1:00p 12 11:00 Walmart \$ Sign up @ the Front desk Enjoy Your Shopping Experience	13 3:00p National Good Neighbor Day 😊 (MP)	Gift Shop: 10:30-1:00p 14 1:00p Flower Arranging (MP) 2:00p God's Food for Thought (MP)	Gift Shop: 10:30-1:00p 15 2:00p Chair Yoga (Fitness room 1 st fl) 2:30 Food Pantry Trip 7:00p Still Under Construction Gospel concert (Community Room)	16 11:30a Art Class (Multipurpose rm 1 st fl) 2:30p Sing a Song!! Let's start a choir (MP)	Independent Activities: 17 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room
Independent Activities: 18 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room	Gift Shop: 10:30-1:00p 19 11a Giant Eagle Outing \$ Sign up at the Front desk Enjoy Your Shopping Experience	20 2:30p Music w/ Sam Fosh (CR)	Gift Shop: 10:30-1:00p 21 11:30 Walking Day (Fitness Room) 2:00p God's Food for Thought (MP)	Gift Shop: 10:30-1:00p 22 1:00p Computer Class (MP) 2:00 MOCA Art Museum Sign up at the front desk <small>Autumn Begins</small>	23 11:30a Art Class (Multipurpose rm 1 st fl) 3:00p National Beer's Lover's Day w/ Trivia!! (Multipurpose rm 1 st fl)	Independent Activities: 24 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room
Independent Activities: 25 <ul style="list-style-type: none"> • Word Search • Puzzles • Neighbor Visits • Afternoon Walks • Board Games Multipurpose Room	Gift Shop: 10:30-1:00p 26 11a Dave's & Walgreens Outing \$ Sign up at the Front desk Enjoy Your Shopping Experience	27 2:30p Birthday Bash!! (CR)	Gift Shop: 10:30-1:00p 28 1:00p Flower Arranging (MP) 2:00p God's Food for Thought (MP)	29 11:30a Brunch w/ Friends 😊 (Multipurpose Room 1 st fl) 2:00 Trivia Challenge (MP)	30 11:30a Art Class (Multipurpose rm 1 st fl) 3:00p Bingo Time!! (Multipurpose room 1 st fl)	Activity Coordinator; Bridget Hardy-Carter Ext 2086

All Activities Are Subject To Change w/ Notice Location Key: CR=community room MP= multipurpose room 1st fl Courtyard= Main Courtyard 1st fl