

### INDEPENDENT LIVING CHECKLIST

Below are a number of considerations to help you determine if a move to an independent living community is right for you or a loved one. Print out this guide to take with you when you visit the community.

Yes      No      N/A

- I want to remain independent as long as I am able.
- I have concerns about my health.
- Emergency medical help is important to me.
- Housekeeping assistance would be helpful to me.
- I would like assistance with home maintenance and repairs.
- I would like assistance with some outdoor maintenance.
- I would enjoy the opportunity to meet new people in a social setting.
- I would like planned social and recreational activities.
- I would like transportation service available.
- I would like meals prepared for me.
- I am willing to move from where I live now.
- I would feel safer if I moved somewhere else

### What to look for when visiting an Independent Living Community

The following is a service checklist to help guide you. Determine whether each service is included in the fees or is available for an additional charge.

- I want to remain independent as long as I am able.
- Barber/beauty shop
- Laundry facilities and services
- Kitchen appliances (kitchen or kitchenette in unit) \_\_\_\_\_
- Bathrooms (full private bathrooms in units, step-in showers)
- Bathrooms (full private bathrooms in units, step-in showers)
- Handicapped access
- Guest accommodations
- Parking (garage, carport or in the open)
- Scheduled transportation
- Storage
- Meals (number per day and ability to meet special dietary needs); tray service (if ordered by a doctor) \_\_\_\_\_
- Utilities
- Telephone services
- Safety Features (emergency pull cords or call systems in apartments, fire sprinklers & smoke alarms, ample lighting)
- Security System
- Exercise programs, including recreational activities
- Staff (available 24 hours a day, helpful, appropriate ratio, strong management reputation)
- Housekeeping (linen availability)
- Dining Facility (proximity to apartment, cleanliness)
- Facility (overall appearance, maintenance)

Have you requested:

- Resident as guide?
- Lunch with residents?
- Tour of entire community?
- Guest suite available for overnight stay?
- What was your feeling when you toured the community? ○ Was there activity in the main lounge?
  - Was mealtime in the dining room pleasant?
  - Were any residents using the activities room?
  - Were any residents using the exercise facilities?
  - Was there activity in the library or other common areas?
  - Are carpets and furniture clean?
  - Are amenities operating?
  - Was staff friendly and respectful?
  - Did staff know residents by name?
  - Have the common areas and apartments been designed to allow you to live as easily and independently as you would like?
  - Other observations you feel are important? \_\_\_\_\_
  - What percentage of the apartments have been rented and are occupied?  
\_\_\_\_\_
  - Is the management staff experienced? Effective? Friendly and personable?  
\_\_\_\_\_
  - Does the community have a good reputation in the local community?

Although you may have additional questions and insights, please use this as a guideline to assist with your initial tour and information gathering.